



izzy's promise

1 Victoria Road, Dundee DD1 1EL. Tel 01382 206222
www.izzyspromise.org.uk. Charity No SC033706

WHO WE ARE

Izzy's Promise is a charity organisation (Charity No. SC033706) based in Dundee, Scotland (UK) that offers free and confidential support services to: Ritual/organised abuse survivors; Refugees; Asylum seekers; Ethnic minorities' and Persons trafficked via rituals. Izzy's Promise offers training and consultancy services; Conducts research into causes of ritual abuse and any ways of preventing or relieving the suffering caused by abuse; recruits and trains volunteers to work towards supporting survivors of ritual/organised abuse and those who support them; and networks with other agencies. The outcome of all these services we offer is to enhance the survivors' confidence. We offer support services for male and female survivors of ritual abuse across the UK by consulting with them to find out what suits them best and how they can best be supported. We offer practical and emotional support for people trying to move out of abusive situations through workshops and therapy sessions aimed at empowering them to lead an independent life. We have developed adaptable training resource packs (training pack, DVD's and books) for training purposes. We support abuse survivors who have been trafficked by use of rituals such as *voodoo* and *ju-ju* mostly from Africa and the Caribbean. We provide training and consultancy services to agencies dealing with asylum seekers and refugees who have suffered from ritual abuse.

SHARING OUR EXPERIENCE

Izzy's Promise has over 10 years of experience delivering ritual abuse support training. As the only specialist organisation in the UK offering support to survivors of ritual/organised abuse, the demand of our support services has increased over the years. Hence the need to offer training to other support workers and volunteers in voluntary and statutory organisation on how to best communicate and offer support services to ritual/organised abuse survivors. We are committed to providing quality training and continually evaluate the courses we run. We will provide accreditation to the people we train and we will publish their names on our website to enable survivors and other agencies to easily refer and access the support they need.



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IZZY'S PROMISE AIMS TO:

- Offer training and consultancy services to voluntary and statutory organisations on the subject of ritual abuse;
- Conduct research into causes of ritual abuse and any ways of preventing or relieving the suffering caused by such abuse;
- Recruit and train volunteers to work towards supporting survivors of ritual/organised abuse and those who support them; and
- Network with other agencies with an aim of improving the support services available to ritual abuse survivors.

WHAT WE DO:

We offer ritual abuse training at three levels: Basic RA, Intermediate RA and Advanced RA Training.

- **Basic Ritual Abuse Training:** what it is, a definition of ritual abuse, how it affects people, basic support skills
- **Intermediate Ritual Abuse Training:** working with survivors who are still involved, different kinds of RA, long term support
- **Advanced Ritual Abuse Training:** working with complex needs, mental health problems, multiple personalities etc
- **Training for support workers:** Working with issues around trafficking by use of rituals such as juju and voodoo



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THE TRAINING:

Ritual abuse support workers' needs may be diverse but meeting them should be straight forward. We offer a broad range of training on different topics on ritual abuse which can be run in-house allowing your staff to attend together and share the learning at a time and place that suits you.

Our in-house service allows you to build a complete training programme that accurately meets the needs of your organisation. Let us work with you to devise a tailored programme that will best meet your objectives, and create training that is truly personalised, and tailored to your specific needs.

With focused sessions, and prices starting at £500 for up to 20 staff for a full day training, not only is this cost effective, but it will ensure that you maximise the return on your investment.

If you are interested in taking up our training at any level (basic, intermediate or advanced ritual abuse training), please call us to arrange a delivery at your organisation. One of our trainers will talk through your requirements with you and come up with the proposed costing.

TRAINERS:

Laurie Matthew

Laurie has worked with survivors of ritual abuse for more than 30 years. For 15 years, she worked with Dundee Rape Crisis Centre and provided support and information to many hundreds of women who had suffered rape, sexual abuse and ritual abuse. During that time she has increasingly provided training and talks to many agencies on the subject of ritual and organised abuse.

In 2002, due to an extremely high, and fast growing demand for services for people who had experienced organised and ritual abuse, she set up an



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organisation called Tayside Ritual Abuse Support and Information Project (TRASH). This organisation has rapidly developed services for ritual abuse survivors and is now the lead agency in the UK. This organisation has recently been renamed Izzy's Promise.

Through Izzy's Promise she has worked with many hundreds of survivors of organised and ritual abuse and carried out several consultations, surveys and research into the subject. She regularly acts as a consultant for other organisations including the police, social services and the voluntary sector. She has spoken at conferences in the UK and the USA, and she is in high demand to provide training, talks and awareness on organised and ritual abuse for a wide range of agencies.

She is a published author on the subject of ritual abuse. Her published books about ritual abuse include; 'Who Dares Wins' 2001, 'Where Angels Fear: Ritual Abuse In Scotland', 2002, 'Fight! Rabbit! Fight!' 2003, 'BeAware: How to Support Young Survivors of Sexual Abuse', 2001 and 'Behind Enemy Lines' 2004.

Joseph Lumbasi:

Joseph is a Kenyan, educated up to postgraduate level. A graduate in Sociology and Health Research, he has worked in different sectors of the economy, as a media researcher specialising on issues surrounding cultural abuse and violation of human rights e.g. female genital mutilation, trafficking of children and women locally and internationally by use of ritual oaths for purposes of prostitution and other inhuman issues. This particular job exposed me to extensive research on Kenya and other African countries such as Ethiopia, Sudan, Uganda, Rwanda, Nigeria among others covering and compiling research papers and topical issues concerning the cultural diversity of different people in Africa, how there are similarities on abuse related issues in Africa, issues concerning trafficking of women and children in different countries for purposes of prostitution and child



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labour. Currently, he is a Development/Support worker with Izzy's Promise a charity organization based in Scotland (UK) and offering free and confidential support services to ritual abuse survivors.

Book online at www.izzyspromise.org.uk

Telephone 01382206222

Complete and return a booking form online (www.izzyspromise.org.uk)

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